



YEAR 4  
SWIMMING & WATER FAMILIARISATION UNIT – TERM 1 2022

Dear Parents/Guardians of Year 4 Students

As part of the Term 1 Physical Education Program, the Year 4 students will be participating in a Water Familiarisation unit. It will begin in **Week 2 and conclude in Week 10.**

Class	Day
4 Gold	Thursday Friday
4 Green	Tuesday Wednesday

The aim of this programme is to increase students' confidence in the water in a fun and safe environment and prepare for the upcoming Inter-house Swimming Carnival. It is **NOT** in-term swimming, and students will **NOT** be passing Royal Lifesaving levels.

Students will be required to bring with them their house swimming cap, goggles and a towel. In addition, all students will be required to wear the St Brigid's College bathers. Please ensure all items are clearly labelled with their name.

To help group students into their appropriate swimming level, please [Click here to complete the online form before Friday 4<sup>th</sup> February 2022.](#)

Yours sincerely

Bianca Openshaw  
Physical Education Teacher

Anne Tan  
Head of Primary School